

TAKE ACTION:

# DEMENTIA-FRIENDLY SIGNS

Help your young people understand and create dementia-friendly signs

SUITABLE FOR BEAVERS, CUBS AND SCOUTS

**1** Ask the group to discuss what would make a good sign – what colour should the background and the lettering be? How large should it be?

**2** Consider particularly what makes a sign dementia friendly. For example, people with dementia might find it harder to read, so symbols and pictures might be easier to understand than words.

**3** What materials would make the best sign? It should be non-reflective, as a reflective sign

could be harder for someone with dementia to read.

**4** When all this has been considered, get each person in the group to make a sign for your Scout hut using the facing activity page (this can also be downloaded from [scouts.org.uk/magazine](http://scouts.org.uk/magazine)).

**5** When their signs have been made, show them to the group and check whether all the different criteria have been met to make them dementia friendly.



✓  
Good sign



✗  
Bad sign

TIME NEEDED  
**60–90** minutes

**EQUIPMENT NEEDED**

- Large sheets of cardboard cut from boxes
- Paints/felt-tip pens

**THIS ACTIVITY LINKS WITH THE FOLLOWING BADGES**



Beaver Photography Activity Badge



Cub Artist Activity Badge



Scout Artist Activity Badge



Scout Community Impact Staged Activity Badge

**DISCUSSION**

Discuss how people with dementia's needs are different from ours. How does poor signage affect their ability to get about?

**OUTCOMES**

Young people learn how to make an area more dementia-friendly, and how to understand the impact of signage on people with dementia.

**TAKE IT FURTHER**

Visit [amillionhands.org.uk/dementia](http://amillionhands.org.uk/dementia) and download the Dementia Resource Pack for more ideas to help you LEARN AND DO MORE and TELL THE WORLD.

**DOWNLOAD THIS PAGE**

Find this and other great activities at [scouts.org.uk/magazine](http://scouts.org.uk/magazine).