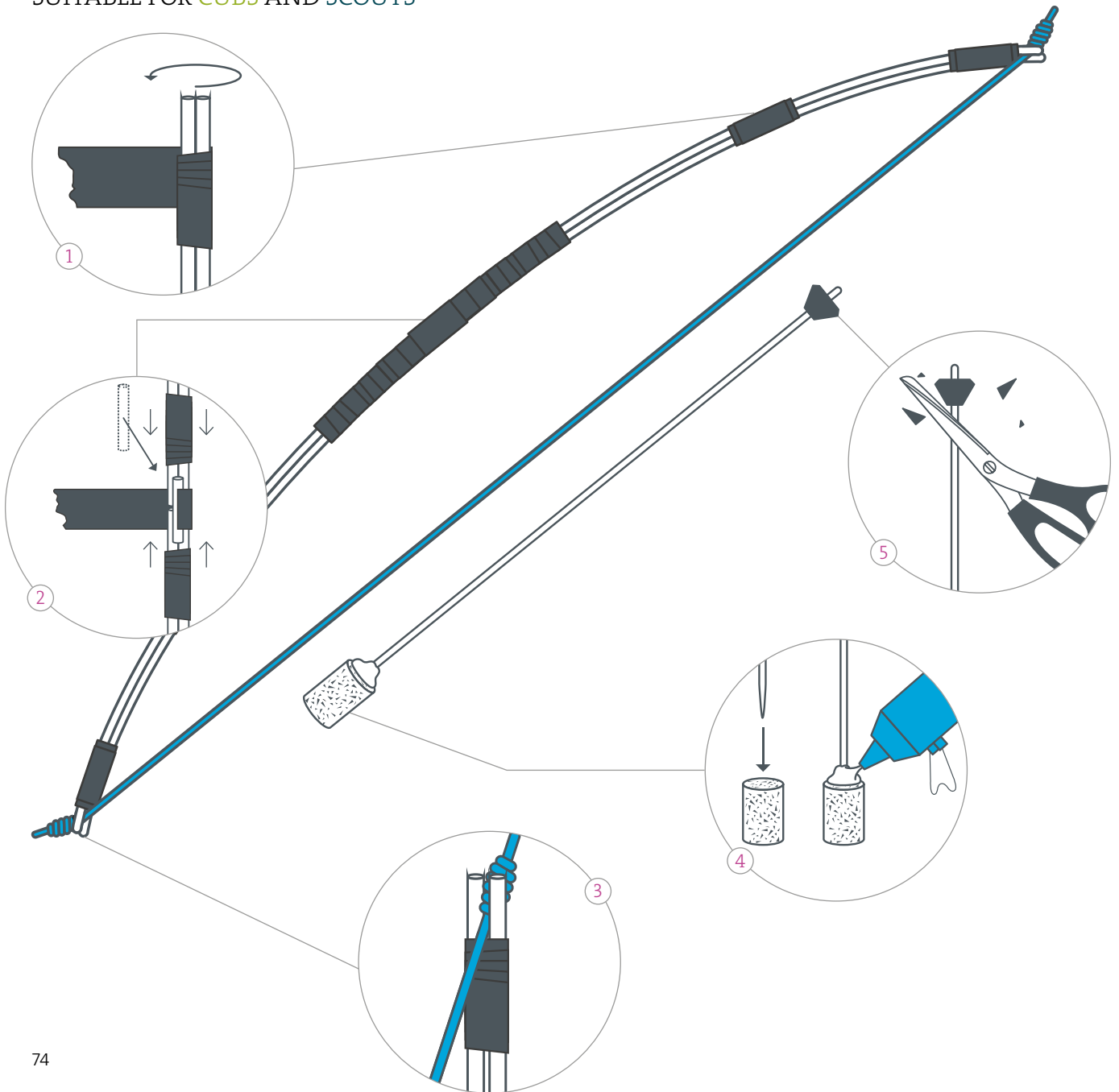
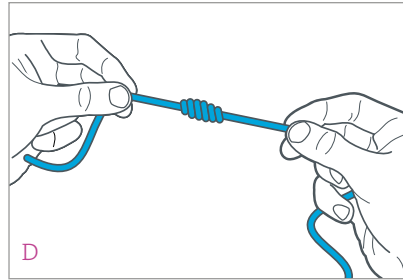
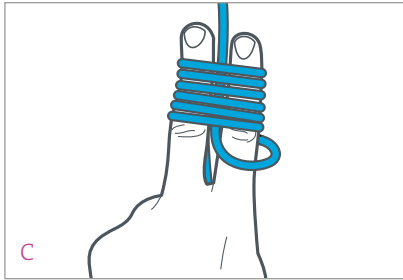
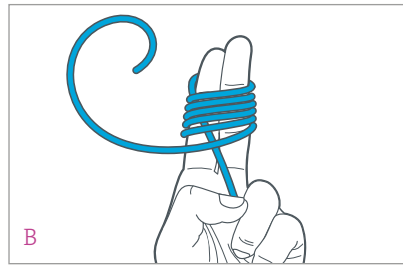
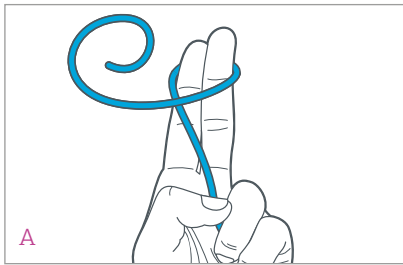


MAKE A MINI BOW AND ARROW

Your young people can unleash their inner Katniss Everdeens and Robin Hoods with this fun activity

SUITABLE FOR CUBS AND SCOUTS





1 Ask your young people to work together to put two of the skewers together and tape them up at each end, around 1cm–2cm from the ends (1). Roll tape around the middle too. Repeat with another pair of skewers.

2 Next, get them to cut one skewer into three parts. Take one piece and tape it to the end of your combined skewers with about half its length sticking out – this will form the centre of the bow. Take another piece and tape it to the other side of stick, creating a gap in the middle of the two shorter skewers.

3 Ask them to take the other pair of skewers and, holding them sideways, slot them into the space made by the shorter skewers (2) so their two sets of combined skewers are connected end to end. Tape this up to form the centre of the bow – use plenty of tape so your bow remains strong and flexible.

4 Now they can take a piece of string and tie a triple stopper knot (see above) in one end. Slot it in

between the two skewers, at the end (3), the knot should be big enough to lock the string in place.

5 Your young people should then take the other end of the string to the other end of the bow, pulling it taut. While one person keeps their finger on the bit of string that reaches the end of the bow, another can make a triple stopper knot in this place. The knot should reach around 1cm in from the end of the bow.

6 Gently bending the bow, ask them to pull the string taut and slip the knot through the end of the bow, between the two skewers. Flex the string to make sure it has good tension.

7 To make the arrow, take a foam peanut and make it shorter by cutting or tearing it across the middle.

8 Take a wooden skewer and stick it into the peanut at one end (4). Add glue to secure it. Add tape to the other end, wrapping it around and cutting it to resemble a feather (5).

TIME NEEDED

30 minutes

EQUIPMENT NEEDED

- Wooden BBQ skewers
- Black PVC tape
- Scissors and string
- Foam peanuts and glue

THIS ACTIVITY LINKS WITH THE FOLLOWING BADGE



Cubs Teamwork Challenge Award



Cubs Pioneer Activity Badge



Scouts Pioneer Activity Badge

OUTCOMES

Your Scouts will learn the skills necessary and understand the materials needed to make a mini bow and arrow. This instrument is a fun source of play both indoors and outdoors, where Scouts can practise their hand-eye co-ordination by shooting at targets.

TAKE IT FURTHER

Build on your Group's archery skills by making targets, which could comprise upturned disposable drinking cups marked with different numbers – individual Scouts should try to rack up the biggest score by hitting the higher numbers with their arrows. Alternatively ask your Group for ideas.

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