

This activity contributes to the following badges:



Community Impact Staged Activity Badge



Beaver Disability Awareness Activity Badge



Beaver My Adventure Challenge Award



Cub Disability Awareness Activity Badge



Cub Our Adventure Challenge Award

Beavers | Cubs | Scouts

Play 'where's the whistle'

Founder's Day, 22 February In honour of B-P's birthday, delve into his Scouting Games book for outdoor inspiration

Time 10–20 minutes

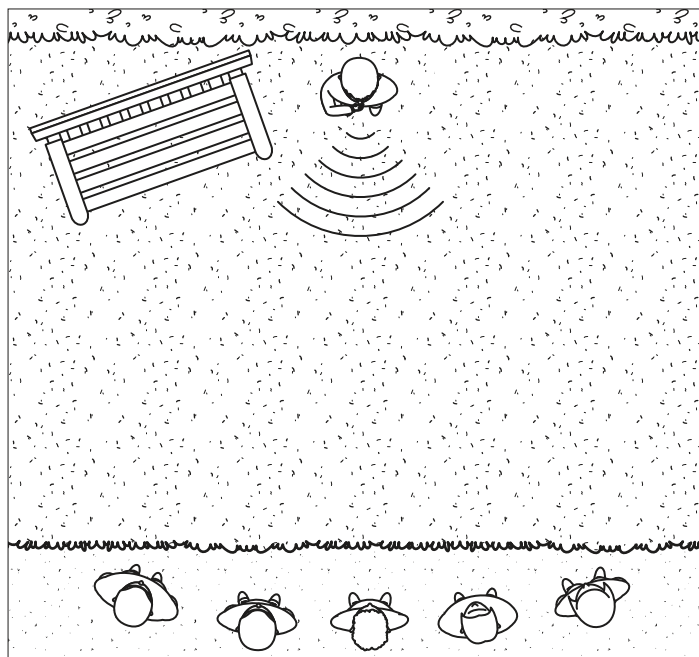
Equipment

- wide open space
- blindfolds or neckers
- whistle
- marshals (other volunteers, Young Leaders or young people)

Instructions

1 Choose a clear, open, outdoor space with even ground, such as a play park, field or school playground. Identify one young person to have the whistle and line up the other young people at one end of the space and ask each one of them to put on a blindfold.

2 Ask the young person with the whistle to head to the opposite end of the space and to blow their whistle in semi-regular, sharp bursts. The object of the game is for the blindfolded young people to follow the noise of the whistle and slowly make their way to it. As a safety measure, instruct young people to walk rather than run, and place marshals around the edge of the space, particularly in front of any potential hazards.



3 Once within reach, the young people should reach out and touch the arm of the whistle-blower, who can squat, duck and swerve out of the way, but who mustn't move their feet. Once they have made contact, the young person can remove their blindfold and exit the game.

4 Points are awarded in descending order, so the first person to finish earns the greatest number of points; the last person earns the lowest.

If a young person is weaving off course, the whistle should be blown more regularly to attract their attention back in the right direction. Marshals can also gently steer them back on the correct course.

Take it further

Have a reflective conversation about sight loss and disability using guidance from Guide Dogs on amillionhands.org.uk.

Thought about peer leadership?

This is a great activity for a young person to run during a session – both short and simple